

Publications list

Dr. Albena Shkodrova

Peer-reviewed articles in international academic journals

Shkodrova, Albena (2020) "(Re)digesting Communism. Contemplating the late 20th-century East European diets. In: Shkodrova, Albena, Scholliers, Peter and Yves Segers, eds. *Food and Drink in Communist Europe*, special issue of *Food&History*, vol. 18, n 1-2/2020, pp. 11-24. DOI, 10.1484/J.FOOD.5.122027

Shkodrova, Albena (2019) "Home Cooking from 'Slavery' to a 'Right'. The impact of state socialist feminism on domestic cooking practices in Bulgaria" In: *Food & History*, 16/1, DOI: 10.1484/J.FOOD.5.117098

Shkodrova, Albena (2018) "Investigating the history of meanings of a dish. An enactivist approach to the life of the Russian salad in 20th century Bulgaria" *Volkskunde. Tijdschrift over de cultuur van het dagelijks leven*, 2018 (3), pp 343-366.

Shkodrova, Albena (2018) "Rediscovering Europe and national cuisine. How EU integration is shaping food tastes in Sofia and Belgrade in the 21st century." In: *Appetite*, First published version available online since 19 October 2018. DOI <https://doi.org/10.1016/j.appet.2018.10.022>.

Shkodrova, Albena (2018) "From Duty to Pleasure in the Cookbooks of Communist Bulgaria. Attitudes to food in the culinary literature for domestic cooking released by the state-run publishers between 1949 and 1989." In: *Food, Culture & Society*, 25 June 2018. DOI: 10.1080/15528014.2018.1480647

Shkodrova, Albena (2018) "Revisiting Coca-Cola's 'Accidental' Entry into Communist Europe" In: *Gastronomica: The Journal of Critical Food Studies*, Vol. 18 No. 2, Summer 2018; (pp. 59-72) DOI: 10.1525/gfc.2018.18.2.59

Monographs

Shkodrova, Albena (2021) *Communist Gourmet. The Curious Story of Food of the People's Republic of Bulgaria*. Budapest/Vienna: Central European University Press. May 2021.

Shkodrova, Albena (2021) *Rebellious Cooks and Recipe Writing in Communist Bulgaria*. Bloomsbury (Based on my PhD thesis, accepted for publication after peer review in February 2019, forthcoming).

Shkodrova, Albena (2014) [Soc Gourmet](#) . *Kurioznata istoria na kuhnyata v NRB* [Communist Gourmet. The Curious Story of Food of the People's Republic of Bulgaria]. Sofia: Zhanet 45

Edited volumes

Shkodrova, Albena, Scholliers, Peter and Yves Segers, eds. *Food and Drink in Communist Europe*, special issue of *Food&History*, vol. 18, n 1-2/2020.

Book chapters

Shkodrova, Albena (2018) "In the Network, Out of the Network. Food under Bulgarian communism, as remembered by 15 North American visitors". In: *Food in Central and Eastern Europe. Past-Present-Memory*. Eds. A. Drzał-Sierocka and M.Tomaszewska-Bolałek, Gdansk: Wydawnictwo Naukowe Katedra, pp. 43-56. ISBN 978-83-65155-92-4

Invited book reviews

Shkodrova, Albena (2019) Book review: Geyzen, Anneke. *De smaak van thuis. Erfgoed en voeding in Vlaanderen tussen 1945 en 2000* [The taste of home. Heritage and food in Flanders between 1945 and 2000]. (Universitaire Pers Leuven) In: *Tijdschrift voor Geschiedenis*. University of Leiden, 132.2, pp. 331-333.

Shkodrova, Albena (2015) Book review: Marc Verhaert (red.) *25 Jaar Romeense Revolutie. Verhalen met een Belgisch Tintje*. [25 Years Romanian Revolution. Stories with a Belgian Twist] In: *Mededelingenblad van de Belgische Vereniging voor Nieuwste Geschiedenis*, 2015, Issue 2, pp. 21-23.

Accepted conference papers and publications of conference papers

Shkodrova, Albena (2018) "Contesting gender rights over a bowl of tripe soup. The road of *shkembe chorba*, a century-old treat for Bulgarian bohemians and workers, towards a unifier of classes and a macho symbol". Published in the proceedings of the *Dublin Gastronomy Symposium*, 29-30 May 2018.

Shkodrova, Albena (2018) "Cookbooks as a historical source: a proposal for a comprehensive and structured approach." Presented at the *Forth International Conference on Food History and Food Studies*, Tours, June 2018.

Shkodrova, Albena (2016) "Social Meanings of Writing Recipes in Communist Bulgaria". Presented at the *Second International Conference on Food History and Food Studies*, Tours, May 2016.

Shkodrova, Albena (2016) "In and Out of the Network. Food under Bulgarian communism, as remembered by fifteen North-American visitors". Presented at Food in Central Europe: Culture and Business, Warsaw, 19-20 May 2016.

Shkodrova, Albena (2015) "The Forbidden Pleasure of Home Cooking. Evolution of domestic foodways in communist Bulgaria." Presented at the First International Conference on Food History and Food Studies, Tours, May 2015.

Papers as a conference organiser

Shkodrova, Albena and Astra Spalvena. (2018) "Local cuisine in the orbit of Moscow. A comparative study of communist cookbooks in Latvia and Bulgaria". Presented at the conference *Food and Drink in Communist Europe*, organised by VUB (FOST) and ICAG-KUL in Brussels, 19-20 April 2018.

De Jaegher, Hanne and Albena Shkodrova (2019) PRISMA Reflex: systematically unfolding the interaction of the oral history interview. Presented at *PRISMA Reflex workshop* at FARO. (Flemish interface centre for cultural heritage) in Brussels, 28 February 2019.

Selected non-academic publications

Popular non-fiction books

Shkodrova, Albena and Anthony Georgieff (2006) *Hidden Treasures of Bulgaria*. Sofia: Vagabond Media.

Articles and media participations

Interview on Rebellious Cooks - [Bulgarian National Radio, 29 March 2021](#).

Interview on Rebellious Cooks - [The Europeans Podcast, 17 June 2020](#).

Shkodrova, Albena (2020) Ot Molenbeek do Mladost [From Molenbeek to Mladost] Article on the history of supermarket in Europe and in Bulgaria (comparative) - [Zhenata dnes, February 2020](#), online since 14 April 2020.

Interview on [the cultural history of the Russian salad](#). Bulgarian National Radio, Horizont, 20 February 2019.

Taken over by other media: The Russian Salad in Bulgaria as a cultural and political phenomenon. In: Русская Болгария, 25 February 2019, <https://rus.bg/esche/interesno/interesno/25859-russkij-salat-v-bolgarii-kak-kulturologicheskiy-i-politicheskij-fenomen>.

Shkodrova, Albena. “Шкембе-чорбата: обединител на нацията или ‘само за мъже’?” [Tripe soup between nation unifier and ‘for men only’]. In: *Dnevnik*. (20 July 2018), Sofia: EconoMedia.

Shkodrova, Albena. “[Въпреки изключителните времена готви се само с масло и свинска мас](#)” [“Despite the extreme times, we cook only with butter and pork fat”]. In: *Dnevnik*. (18 June 2017), Sofia: EconoMedia.

Shkodrova, Albena. “The Surreal Power of the Communist Waiter”. In: *IWM Post*. Vienna N. 116 Fall/Winter (2015).